Calorie content of food

*364. SHRI MATILAL SARKAR : Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state :

(a) the quantity of food required for a minor and an adult to maintain sound health in terms of calories;

(b) the average food availability in the country for different age groups in terms of calories, State-wise;

(c) the State with the lowest and highest average; and

(d) the status of average calories availability in the country when compared with the international scale?

THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRIMATI SUSHMA SWARAJ): (a) to (d) According to World Health Organisation, the recommended daily requirement of calories to maintain good health is:-

For Men	- 2425 - 3800 kcal/day
Women	- 1875 - 2925 kcal/day
Boys & Girls (10-18 years)	- 1970 - 2460 kcal/day
Children (1—9 Years)	- 1240 - 1950 kcal/day

The information about average food availability, State-wise and age group-wise is not available. As per Economic Survey of India, 2002-03, the per capita availability of food grains per day in the year 2001 was 414 gms.

Average per capita energy supply in kilo calories in India has been estimated as 2390 kcal/day which is ranked fourth in the South-East Asian Region.

Amendment in Foreign Trade (Development and Regulation) Act, 1992

*366. SHRI MOOLCHAND MEENA :

DR. T. SUBBARAMI REDDY :

Will the Minister of COMMERCE AND INDUSTRY be pleased to state :